

Counselling Code : MTEC

Estd : 1999

JNTUH College Code : 86



**MOTHER THERESSA COLLEGE OF ENGINEERING & TECHNOLOGY**

(Approved by A.I.C.T.E, New Delhi & Affiliated to J.N.T.U Hyderabad)

P.P.Colony (Po.), Peddabonkuru (Vill), PEDDAPALLI (Mdl. & Dist.) - 505174, Telangana State.

Website : www.mtec86.ac.in E-mail: mtec.86@gmail.com Contact : +91 9989959556, +91 9542709545, +91 9849472523.

**7.1.1 List of the programmes to the promotional of  
Gender Equity for A.Y: 2022-2023**

S.No	Title of the program	Date	Venue
1	INSPIRING THE CHANGE THROUGH WOMEN DEVELOPMENT	08-OCT-2022	MTEC SEMINAR HALL
2	AWARENESS PROGRAM ON HEALTH ISSUES AND SAFETY	01-DEC-2022	MTEC SEMINAR HALL
3	IMPORTANCE OF WOMEN EDUCATION	30-DEC-2022	MTEC SEMINAR HALL
4	ECONOMIC EMPOWERMENT FOR WOMEN	02-FEB-2023	MTEC SEMINAR HALL
5	YOGA AND PERSONALITY DEVELOPMENT	12-APR-2023	MTEC SEMINAR HALL

  
Co ordinator



  
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College of Engineering & Technology  
PEDDAPALLI-505 174.

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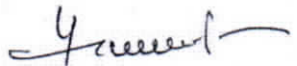
MTCET/WWC/CIR/2022-23/1

Date: 01/08/2022



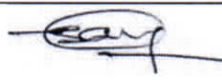

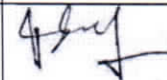


### CIRCULAR

This is to inform all the ladies staff & students. Our college is going to organize an **“INSPIRING THE CHANGE THROUGH WOMEN DEVELOPMENT”** program on 02-08-2022, at 10:00 AM in the Seminar Hall. All are cordially invited to the program.

Resource Person	Designation
T.Shoba	Motivational speaker

  
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Notice Board

Circular's to All students & staff



  
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Website : www.mtec86.ac.in E-mail: mtec.86@gmail.com Contact : +91 9989959556, +91 9542709545, +91 9849472523.

Program Schedule for “INSPIRING THE CHANGE THROUGH WOMEN  
DEVELOPMENT”

S. No.	Time	Programme
1	10:00 AM to 10:10 AM	Welcome Address
2	10:15 AM to 10:20 AM	Inviting The Principal and Guest
3	10:25 AM to 10:40 AM	Principal addressing
4	10:45 AM to 10:50 AM	Introducing speaker
5	10:55 AM to 12:15 PM	Session by Guest

  
Co ordinator



  
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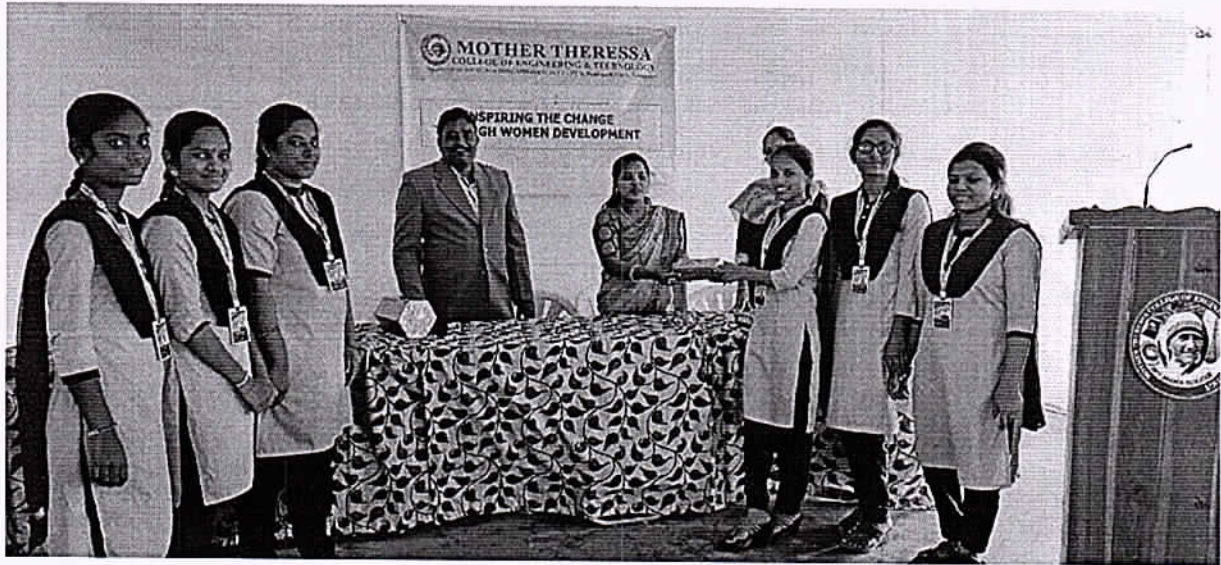
Website : www.mtec86.ac.in E-mail: mtec.86@gmail.com Contact : +91 9989959556, +91 9542709545, +91 9849472523.

DATE : 02/08/2022

### PROGRAM REPORT

#### INSPIRING THE CHANGE THROUGH WOMEN DEVELOPMENT

Our College has organized an Awareness Program on "Inspiring Change through Women Development" on 02-08-2022 at college seminar hall. The program started with a prayer song. In this awareness program nearly 120 students are participated in this event. Our guest speaker DR.D.Ambica Garu, Department of MBA, made our program colorful by giving a short and an effective speech on the topic "Raising the level of social capacity for women". she explained with illustration as to how a woman can fight the indifferences against her. She also encouraged the students to visit the different organizations working for the benefit of women. After her session, who agreed to come as a resource person who very efficiently explained to all the students regarding their role in empowering women. she discussed the roles and responsibilities of student community in ensuring women empowerment in institutes. The principal speech was an inspiring with video that showed the empowerment of women. Everybody enjoyed the video .The program was open for discussion and the students cleared their doubts on the topic.



*Yuvika*  
PRINCIPAL  
MOTHER THERESSA  
College of Engineering & Technology  
PEDDAPALLI-505 174

*A*  
Coordinator

*Yuvika*  
PRINCIPAL  
PRINCIPAL  
MOTHER THERESSA  
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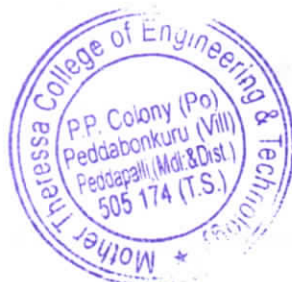
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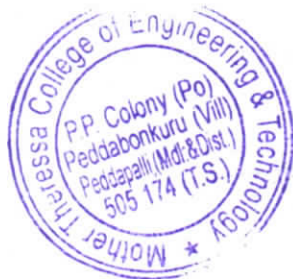
Website : www.mtec86.ac.in E-mail: mtec.86@gmail.com Contact : +91 9989959556, +91 9542709545, +91 9849472523.

S.NO	PIN NUMBER	NAME OF THE STUDENT	SIGN
1	23861A3303	ASAPUR AKSHAYA	<i>Asapur Akshaya</i>
2	23861A3304	ATHRAM MALLIKA	<i>Mallika Athram</i>
3	23861A3305	BOGIDI MALLESHWARI	<i>Malleshwari Bogidi</i>
4	23861A3306	DURVA NAVYA	<i>Navya Durva</i>
5	23861A3307	GADDAM INDU	<i>Indu Gaddam</i>
6	23861A6628	PANDUGA INDU	<i>Indu Panduga</i>
7	23861A6629	PERAM PRAVALIKA	<i>Pravalika Peram</i>
8	23861A6201	ANUMULA RAVALI	<i>Ravali Anumula</i>
9	23861A6202	ATTAM AKHILA	<i>Akhila Attam</i>
10	23861A6203	MADHA KAVYA	<i>Kavya Madha</i>
11	23861A6204	RUBEENA FATHIMA	<i>Fathima Rubeeena</i>
12	23861A6205	SALMAN KHAN	<i>Salman Khan</i>
13	23861A6206	THODASAM SWAPNA	<i>Swapna Thodasam</i>
14	23861A6207	VADDE DURGA BHAVANI	<i>Bhavani Vadde</i>
15	23861A6610	CHOULAMADDI MEGHANA	<i>Meghana Choulamaddi</i>
16	23861A6611	DHOMMATI AKSHITHA	<i>Akshitha Dhommatti</i>
17	23861A6612	GANNAVARAM BHARATH	<i>Bharath Gannavaram</i>
18	23861A6613	GASIGANTI GOUTHAMI	<i>Gouthami Gasiganti</i>
19	23861A6614	JAKKULA MALLESHWARY	<i>Malleshwary Jakkula</i>
20	23861A6615	JAVERIYA FATIMA	<i>Fatima Javeriya</i>
21	23861A6616	KIRWALE SULOCHANA	<i>Sulochana Kirwale</i>
22	23861A6617	KOVA NAGAMANI	<i>Nagamani Kova</i>
23	23861A6618	KUDIMETHA ANUSUYA	<i>Anusuya Kudimetha</i>
24	23861A6619	KUMRAM SANJANA	<i>Sanjana Kumram</i>
25	23861A6620	LAGGAM BHAVANI	<i>Bhavani Laggam</i>
26	23861A6621	LINGANABOINA SATHVIK	<i>Sathvika Linganaboina</i>
27	23861A6622	MADAVI VANAJA	<i>Vanaja Madavi</i>
28	23861A6623	MESRAM JANGESHWARI	<i>Jangeshwari Mesram</i>
29	22861A6612	ERLA SRUTHI	<i>Sruthi Erala</i>
30	22861A6613	GANDRATH ANUSHA	<i>Anusha Gandrath</i>



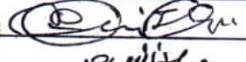
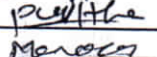
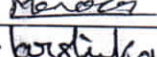
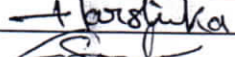

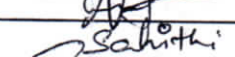
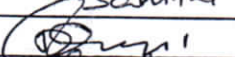

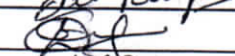
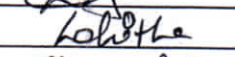
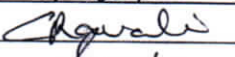
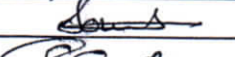
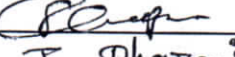
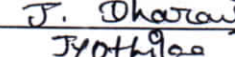
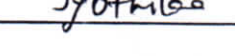

*Yasmeen*  
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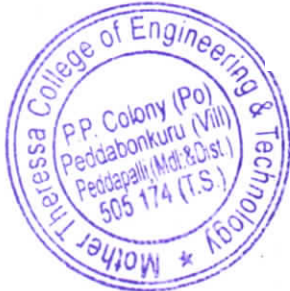
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32	22861A6615	JAKKULA MEENA	<i>Meena</i>
33	22861A6616	JANAGAMA ARSHITHA	<i>Arshitha</i>
34	22861A6617	JIVUTA ANJALI	<i>Anjali</i>
35	22861A6618	KANNABOINA LAXMI PRASANNA	<i>Laxmi Prasnna</i>
36	22861A6619	KARRAVULA ARCHANA	<i>Archana</i>
37	22861A6620	KASTURI RAMYA SRI	<i>Ramyasri</i>
38	22861A6621	KODARI SHARANYA	<i>Sharanya</i>
39	22861A6622	KOLPAKA MEGHANA	<i>Meghana</i>
40	22861A6623	KORVETH MANISHA	<i>Manisha</i>
41	22861A6624	KORVETHA NIKHITHA	<i>Nikhitha</i>
42	22861A6625	KOVA SUMITHRA	<i>Sumithra</i>
43	22861A6626	LAVUDYA SAMATHA	<i>Samatha</i>
44	22861A6634	PONNA SUDHEESHNA	<i>Sudheeshna</i>
45	22861A6635	PUTTAPAKA AMULYA	<i>Amulya</i>
46	22861A6636	RACHAKONDA AKSHAYA	<i>Akshaya</i>
47	22861A6637	SEDMAKI SWAPNA	<i>Swapna</i>
48	22861A6638	SONKAMBLE NEHA	<i>Neha</i>
49	22861A6639	THALLA ANJALI	<i>Anjali</i>
50	22861A6640	THOTA RAJITHA	<i>Rajitha</i>
51	22861A6641	TULSEGARI RAVALIKA	<i>Ravalika</i>
52	22861A6642	VELDI NANDANA	<i>Nandana</i>
53	22861A6643	VILASAGARAPU ANUSHA	<i>Anusha</i>
54	22861A6644	OJJA AKSHITHA	<i>Akshitha</i>
55	21861A6609	BANDA HARSHINI	<i>Harshini</i>
56	21861A6610	BANOTH SHIRISHA	<i>Shirisha</i>
57	21861A6611	BIRUDU SUSHMA	<i>Sushma</i>
58	21861A6612	BUDDARTHI SRI LAHARI	<i>Sri Lahari</i>
59	21861A6614	DARSHANALA DIVYA	<i>Divya</i>
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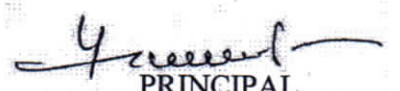
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66	21861A6640	PERKA NAVEEN	
67	21861A6641	RANGU SAHITHI	
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69	21861A6643	SINGATHI SAI PRIYA	
70	21861A6644	SIRIPURAM DARSHINI	
71	21861A6645	SOYAM LALITHA	
72	21861A6646	THOTA RAVALI	
73	21861E0042	JADHAV SONIYA	
74	21861E0043	JADHAV SWAPNA	
75	21861E0044	JADI DHARANI	
76	21861E0045	JALLI JYOTHIKA	



  
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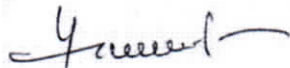
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Date: 30/11/2022




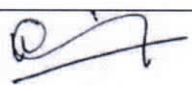
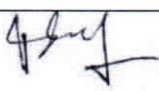


**CIRCULAR**

This is to inform all the ladies staff & students. Our college is going to organize an **“AWARENESS PROGRAM ON HEALTH ISSUES AND SAFETY”** program on 01-12-2022, at 11:00 AM in the Seminar Hall. All are cordially invited to the program.

Resource Person	Designation
Dr. T. Kiran Kumar	General Physician

  
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Program Schedule for “awareness program on health issues and safety”


S. No.	Time	Programme
1	11:00 AM to 11:10 AM	Welcome Address
2	11:10 AM to 11:20 AM	Inviting The Principal and Guest
3	11:25 AM to 11:40 AM	Principal addressing
4	11:40 AM to 11:50 AM	Introducing speaker
5	11:50 AM to 12:30 PM	Session by Guest

  
Co ordinator



  
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DATE: 01-12-2022

## PROGRAM REPORT

### HEALTH ISSUES

Mother Theresa College of Engineering and Technology organized an awareness program on health issues on 01<sup>st</sup> December 2022. The resource person for the program was Dr. T. Kiran Kumar, a General Physician at the Sai Vamshi Hospital in Peddapalli.

Dr. T.Kiran Kumar then answered questions from the audience. Some of the questions that were asked included:

What are the signs and symptoms of a heart attack?

How can I prevent cancer?

What are the benefits of exercise?

What is the best way to manage stress?

Dr. Kiran Kumar gave clear and concise answers to all of the questions. He also provided some helpful tips on how to improve one's health. The awareness program was a success. The students learned a lot about health and wellness, and they were able to ask questions and get answers from a qualified medical professional.

Here are some of the key takeaways from the event:

Free blood group checkup camp organized by NHM Blood Bank.

Regular checkups and screenings are essential.


Making healthy lifestyle choices can improve your health.

Heart disease, stroke, cancer, and diabetes are some of the most common health problems that women face.

- There are many things that you can do to prevent these diseases.
- Exercise is beneficial for your health.
- Stress management is important.

The program was also a great opportunity for the students to ask questions and get answers from a qualified medical professional. 65 students are participated.



  
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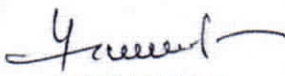
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Awareness program on health issues and safety

  
Co ordinator

  
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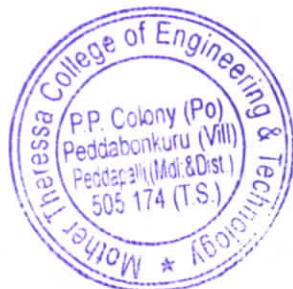
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S.NO	PIN NUMBER	NAME OF THE STUDENT	SIGN
1	23861A3303	ASAPUR AKSHAYA	<i>Akshaya</i>
2	23861A3304	ATHRAM MALLIKA	<i>Mallika</i>
3	23861A3305	BOGIDI MALLESHWARI	<i>Mallishwari</i>
4	23861A3306	DURVA NAVYA	<i>Navya</i>
5	23861A3307	GADDAM INDU	<i>Indu</i>
6	23861A6628	PANDUGA INDU	<i>Indu</i>
7	23861A6629	PERAM PRAVALIKA	<i>Pravali</i>
8	23861A6201	ANUMULA RAVALI	<i>Ravi</i>
9	23861A6202	ATTAM AKHILA	<i>Akhila</i>
10	23861A6203	MADHA KAVYA	<i>Kavya</i>
11	23861A6204	RUBEENA FATHIMA	<i>Fathima</i>
12	23861A6205	SALMAN KHAN	<i>Salman</i>
13	23861A6206	THODASAM SWAPNA	<i>Swapna</i>
14	23861A6207	VADDE DURGA BHAVANI	<i>Bhavani</i>
15	23861A6610	CHOULAMADDI MEGHANA	<i>Meghana</i>
16	23861A6611	DHOMMATI AKSHITHA	<i>Akshitha</i>
17	23861A6612	GANNAVARAM BHARATH	<i>Bharath</i>
18	23861A6613	GASIGANTI GOUTHAMI	<i>Gouthami</i>
19	23861A6614	JAKKULA MALLESHWARY	<i>Malleswary</i>
20	23861A6615	JAVERIYA FATIMA	<i>Fatima</i>
21	23861A6616	KIRWALE SULOCHANA	<i>Sulochana</i>
22	23861A6617	KOVA NAGAMANI	<i>Nagamani</i>
23	23861A6618	KUDIMETHA ANUSUYA	<i>Anusuya</i>
24	23861A6619	KUMRAM SANJANA	<i>Sanjana</i>
25	23861A6620	LAGGAM BHAVANI	<i>Bhavani</i>
26	23861A6621	LINGANABOINA SATHVIK	<i>Sathvik</i>
27	23861A6622	MADAVI VANAJA	<i>Vanaja</i>
28	23861A6623	MESRAM JANGESHWARI	<i>Jangeshwari</i>
29	22861A6612	ERLA SRUTHI	<i>Sruthi</i>
30	22861A6613	GANDRATH ANUSHA	<i>Anusha</i>



*Y. Srinivasulu Reddy*  
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31	22861A6614	JADI SRAVANI	<i>Sravani</i>
32	22861A6615	JAKKULA MEENA	<i>Meena</i>
33	22861A6616	JANAGAMA ARSHITHA	<i>Arshitha</i>
34	22861A6617	JIVUTA ANJALI	<i>Anjali</i>
35	22861A6618	KANNABOINA LAXMI PRASANNA	<i>Prasanna</i>
36	22861A6619	KARRAVULA ARCHANA	<i>Archana</i>
37	22861A6620	KASTURI RAMYA SRI	<i>Ramy</i>
38	22861A6621	KODARI SHARANYA	<i>Sharanya</i>
39	22861A6622	KOLIPAKA MEGHANA	<i>Megha</i>
40	22861A6623	KORVETH MANISHA	<i>Manisha</i>
41	22861A6624	KORVETHA NIKHITHA	<i>Nikhitha</i>
42	22861A6625	KOVA SUMITHRA	<i>Sumithra</i>
43	22861A6626	LAVUDYA SAMATHA	<i>Samatha</i>
44	22861A6634	PONNA SUDHEESHNA	<i>Sudheeshna</i>
45	22861A6635	PUTTAPAKA AMULYA	<i>Amulya</i>
46	22861A6636	RACHAKONDA AKSHAYA	<i>Akshaya</i>
47	22861A6637	SEDMAKI SWAPNA	<i>Swapna</i>
48	22861A6638	SONKAMBLE NEHA	<i>Neha</i>
49	22861A6639	THALLA ANJALI	<i>Anjali</i>
50	22861A6640	THOTA RAJITHA	<i>Rajitha</i>
51	22861A6641	TULSEGARI RAVALIKA	<i>Ravalika</i>
52	22861A6642	VELDI NANDANA	<i>Nandhana</i>
53	22861A6643	VILASAGARAPU ANUSHA	<i>Anusha</i>
54	22861A6644	OJJA AKSHITHA	<i>Akshitha</i>
55	21861A6609	BANDA HARSHINI	<i>Harshini</i>
56	21861A6610	BANOTH SHIRISHA	<i>Shirisha</i>
57	21861A6611	BIRUDU SUSHMA	<i>Sushma</i>
58	21861A6612	BUDDARTHI SRI LAHARI	<i>Srihari</i>
59	21861A6614	DARSHANALA DIVYA	<i>Divya</i>
60	21861A6615	DASARI SAIKEERTHANA	<i>Saikeetha</i>

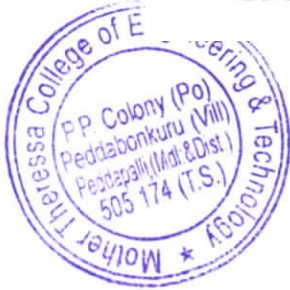


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61	21861A6616	DURGAM RAVITEJA	<i>Raviteja</i>
62	21861A6617	EDAGOTTU PUJITHA	<i>Pujitha</i>
63	21861A6618	EGOLAPU MANOGNA	<i>Manogna</i>
64	21861A6638	NEMALI HARSHIKA	<i>Harshika</i>
65	21861A6639	PALLE SATHVIKA	<i>Sathvika</i>

*[Signature]*  
Co ordinator



*[Signature]*  
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MTCET/WWC/CIR/2022-23/3

Date: 29/12/2022



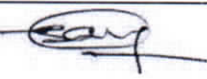

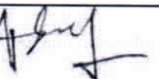


### CIRCULAR

This is to inform all the ladies staff & students. Our college is going to organize an **“Importance of Women Education”** on 30-12-2022, at 10:00 AM in the Seminar Hall. All are cordially invited to the program.

Resource Person	Designation
Mrs. K.Sindhuja	women entrepreneur

  
Principal  
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**Program Schedule for "Importance of Women Education"**

S. No.	Time	Programme
1	10:00 AM to 10:10 AM	Welcome Address
2	10:15 AM to 10:20 AM	Inviting The Principal and Guest
3	10:25 AM to 10:40 AM	Principal addressing
4	10:45 AM to 10:50 AM	Introducing speaker
5	10:55 AM to 12:15 PM	Session by Guest

  
Co ordinator



  
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DATE: 30-12-2022

## PROGRAM REPORT

### Importance of Women Education

MTCET, Peddapalli organized an importance of women education program on 30th December 2022. The guest speaker for the program was Mrs. K.Sindhuja, began her talk by discussing the importance of education for women. She talked about how education can help women to break down barriers, achieve their goals, and make a difference in the world. She also talked about the challenges that women face in education, such as gender discrimination and lack of access to quality education.

Here are some of the key takeaways from the event:

- Education is essential for women's empowerment
- Women can achieve great things when they are given the opportunity
- There are many challenges that women face in education, but they can be overcome.
- Never give up on your dreams, no matter how difficult things may seem.

Benefits of Women Education:

There are numerous benefits of women education. Here are few of them:

- Women who are educated are able to take charge of their future
- They earn and contribute to their family income
- Women who are educated help reduce child and maternal mortality
- Educated women are better equipped to take care of their children
- They are less likely to be taken advantage of and lowers exposure to domestic abuse
- Have great confidence and takes right decisions
- Contributes in a positive way to the society and the nation at large
- When women are included in key decision-making positions, they take holistic decisions for the development of the society
- Including women in politics tend to have different growth dimensions

The importance of women education program was a valuable resource for the students of MTCET College. It helped them to learn about the importance of education for women and to be inspired by the story of a successful woman. The program also helped to raise awareness of the challenges that women face in education. Around 59 students were attended.



*Yasmeen*

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Importance of women education

  
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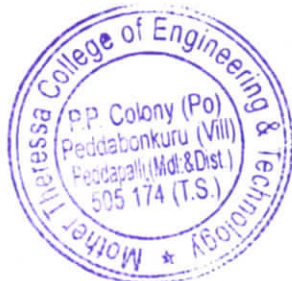

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16	23861A6611	DHOMMATI AKSHITHA	D. Akshitha
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25	23861A6620	LAGGAM BHAVANI	L. Bhavani
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27	23861A6622	MADAVI VANAJA	M. Vanaja
28	23861A6623	MESRAM JANGESHWARI	M. Jangeshwari
29	22861A6612	ERLA SRUTHI	E. Sruthi
30	22861A6613	GANDRATH ANUSHA	G. Anusha



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31	21861A6646	THOTA RAVALI	T. Ravali
32	21861E0042	JADHAV SONIYA	J. Soniya
33	21861E0043	JADHAV SWAPNA	J. Swapna
34	21861E0044	JADI DHARANI	J. Dharani
35	21861E0045	JALLI JYOTHIKA	J. Jyothika
36	21861E0046	JAMPALA MANASA	J. Manasa
37	21861E0047	JANAGAMA AKSHAYA	J. Akshaya
38	21861E0048	JANJARLA SHANMUKHI	J. Shanmukhi
39	21861E0049	JUPAKA SNEHA	J. Sneha
40	20865A0406	MADDURI SOUJANYA	M. Soujanya
41	20865A0407	NYALAM AKSHITHA	N. Akshitha
42	20865A0408	PANAGANTI SHASHI PRIYA	P. Shashi
43	20865A0409	PATTI RAJITHA	P. Rajitha
44	20861E0096	SADULA SUSHMA	S. Sushma
45	20861E0097	SHAILENDER HARSHITHA	S. Harshitha
46	20861E0098	SIDDI BHARGAVI	S. Bhargavi
47	20861E0099	SINGANA VENA SHIRISHA	S. Shirisha
48	20861E00A0	SINGAPURAM RAMYA	S. Ramya
49	20861E0069	MEKALA AKHIL	M. Akhil
50	20861E0070	MEKALA SUMANTH	M. Sumanth
51	20861E0071	MIDIVELLI NAVYA SRI	M. Navya
52	20861E00B0	VELPULA SWETHA	V. Swetha
53	20861E00B1	VODNALA LAVANYA	V. Lavanya
54	20861E0008	ETUKALA PRAVALIKA	E. Pravalika
55	20861E0009	BOLLI MAMATHA	B. Mamatha
56	20861E0010	BONTHALA SHIRISHA	B. Shirisha
57	20861E0011	BOORA VENNELA	B. Vennela
58	20861A0509	BITLA RENU	B. Renu
59	20861A0510	BITLA SHIREESHA	B. Shireesha



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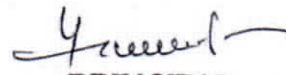
MTCET/WWC/CIR/2022-23/4

Date: 01/02/2023

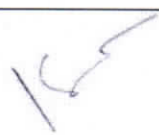

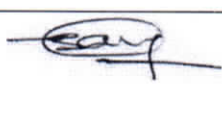
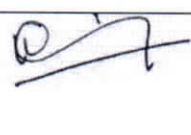
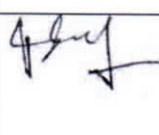

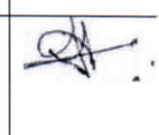
### CIRCULAR

This is to inform all the ladies staff & students. Our college is going to organize an "**Economic empowerment for women**" program on 02-02-2023, at 11:00 AM in the Seminar Hall. Hence all are attend the program and make it successfully.

Resource Person	Designation
K.Madhavi	Motivatinal speaker

  
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### Program Schedule for "Economic empowerment for women"

S. No.	Time	Programme
1	11:00 AM to 11:10 AM	Welcome Address
2	11:10 AM to 11:20 AM	Inviting The Principal and Guest
3	11:25 AM to 11:40 AM	Principal addressing
4	11:40 AM to 11:50 AM	Introducing speaker
5	11:50 AM to 12:30 PM	Session by Guest

  
Co ordinator



  
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DATE: 02-02-2023

## PROGRAM REPORT

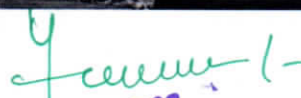
The program was organized on 02 Feb 2023. The main objective of this program was to create awareness on the importance of women's economic empowerment among the students. Around 76 students attended to this event.

### **The Importance of Women's Economic Empowerment:**

The honorable guest speaks the increasing the share of household income controlled by women changes spending in the household in ways which benefit children. Strengthening women's economic opportunities is also an essential contribution to eradicating poverty. In the present world there is a significant inequality between women and men in many societies, including in levels of formal participation in the labour market, income, entrepreneurship, etc. In the past decades, the health and education levels of women and girls in developing countries have improved a great deal in many cases they are catching up to men and boys. But no such progress has been seen in economic opportunity. Women continue to consistently trail men in formal labor force participation, access to credit, entrepreneurship rates, income levels, and inheritance and ownership rights. This is neither fair nor smart economics this results to slow down poverty reduction and economic growth. In all countries, women are "time poor", as they carry a disproportionate burden of unpaid care work. Women in developing countries work 73 more minutes per day than men; in developed countries women work 33 minutes more. Unpaid work is a particular burden for women in poor, rural areas, where they bear the main responsibility for gathering firewood and water. In developing countries, women make up an average of 43 per cent of the agricultural workforce.



  
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1	23861A3303	ASAPUR AKSHAYA	<i>Akshaya</i>
2	23861A3304	ATHRAM MALLIKA	<i>Mallika</i>
3	23861A3305	BOGIDI MALLESHWARI	<i>Malleshwari</i>
4	23861A3306	DURVA NAVYA	<i>Navya</i>
5	23861A3307	GADDAM INDU	<i>Indu</i>
6	23861A6628	PANDUGA INDU	<i>Indu</i>
7	23861A6629	PERAM PRAVALIKA	<i>Pravalika</i>
8	23861A6201	ANUMULA RAVALI	<i>Ravali</i>
9	23861A6202	ATTAM AKHILA	<i>Akhila</i>
10	23861A6203	MADHA KAVYA	<i>Kavya</i>
11	23861A6204	RUBEENA FATHIMA	<i>Fathima</i>
12	23861A6205	SALMAN KHAN	<i>Salman</i>
13	23861A6206	THODASAM SWAPNA	<i>Swapna</i>
14	23861A6207	VADDE DURGA BHAVANI	<i>Bhavani</i>
15	23861A6610	CHOULAMADDI MEGHANA	<i>Meghana</i>
16	23861A6611	DHOMMATI AKSHITHA	<i>Akshitha</i>
17	23861A6612	GANNAVARAM BHARATH	<i>Bharath</i>
18	23861A6613	GASIGANTI GOUTHAMI	<i>Gouthami</i>
19	23861A6614	JAKKULA MALLESHWARY	<i>Malleshwary</i>
20	23861A6615	JAVERIYA FATIMA	<i>Fatima</i>
21	23861A6616	KIRWALE SULOCHANA	<i>Sulochana</i>
22	23861A6617	KOVA NAGAMANI	<i>Nagamani</i>
23	23861A6618	KUDIMETHA ANUSUYA	<i>Anusuya</i>
24	23861A6619	KUMRAM SANJANA	<i>Sanjana</i>
25	23861A6620	LAGGAM BHAVANI	<i>Bhavani</i>
26	23861A6621	LINGANABOINA SATHVIK	<i>Sathvik</i>
27	23861A6622	MADAVI VANAJA	<i>Vanaja</i>
28	23861A6623	MESRAM JANGESHWARI	<i>Jangeshwari</i>
29	22861A6612	ERLA SRUTHI	<i>Sruthi</i>
30	22861A6613	GANDRATH ANUSHA	<i>Anus</i>



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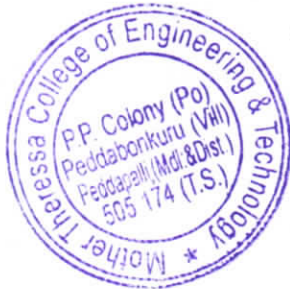
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59	21861A6614	DARSHANALA DIVYA	<i>[Signature]</i>
60	21861A6615	DASARI SAIKEERTHANA	<i>[Signature]</i>



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61	21861A6616	DURGAM RAVITEJA	<i>Raviteja</i>
62	21861A6617	EDAGOTTU PUJITHA	<i>Pujitha</i>
63	21861A6618	EGOLAPU MANOGNA	<i>Manogna</i>
64	21861A6638	NEMALI HARSHIKA	<i>Harshika</i>
65	21861A6639	PALLE SATHVIKA	<i>Sitha</i>
66	21861A6640	PERKA NAVEEN	<i>Naveen</i>
67	21861A6641	RANGU SAHITHI	<i>Sahithi</i>
68	21861A6642	SINGANAvena RUCHITHA	<i>Ruchitha</i>
69	21861A6643	SINGATHI SAI PRIYA	<i>Sai Priya</i>
70	21861A6644	SIRIPURAM DARSHINI	<i>Darshini</i>
71	21861A6645	SOYAM LALITHA	<i>Lalitha</i>
72	21861A6646	THOTA RAVALI	<i>Ravali</i>
73	21861E0042	JADHAV SONIYA	<i>Soniya</i>
74	21861E0043	JADHAV SWAPNA	<i>Swapna</i>
75	21861E0044	JADI DHARANI	<i>Dharani</i>
76	21861E0045	JALLI JYOTHIKA	<i>Jyothika</i>



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P.P.Colony (Po.), Peddabonkuru (Vill), PEDDAPALLI (Mdl. & Dist.) - 505174, Telangana State.

Website : www.mtec86.ac.in E-mail: mtec.86@gmail.com Contact : +91 9989959556, +91 9542709545, +91 9849472523.

Economic empowerment for women

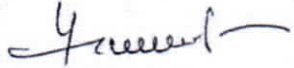
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Date: 02/04/2023



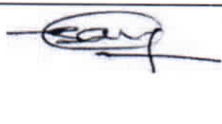
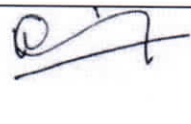
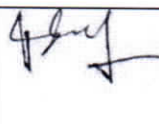

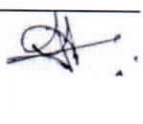
### CIRCULAR

This is to inform all the ladies staff & students, which our college is going to organize a “**YOGA AND PERSONALITY DEVELOPMENT**”, program on 02-04-2023, at 10:00 AM in the front of our college. Hence all are attend the program and make it successfully.

Resource Person	Designation
K.Shiva prasad	Yoga Trainer

  
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Copy to ALL HOD's

EEE	MECH	ECE	CSE	CSM	MBA	S & H
						

Notice Board

Circular's to All students &staff



  
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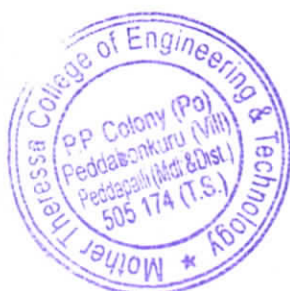
P.P.Colony (Po.), Peddabonkuru (Vill), PEDDAPALLI (Mdl. & Dist.) - 505174, Telangana State.

Website : www.mtec86.ac.in E-mail: mtec.86@gmail.com Contact : +91 9989959556, +91 9542709545, +91 9849472523.

### Program Schedule for “yoga and personality development”

S. No.	Time	Programme
1	10:00 AM to 10:10 AM	Welcome Address
2	10:15 AM to 10:20 AM	Inviting The Principal and Guest
3	10:25 AM to 10:40 AM	Principal addressing
4	10:45 AM to 10:50 AM	Introducing speaker
5	10:55 AM to 12:15 PM	Session by Guest

  
Co ordinator



  
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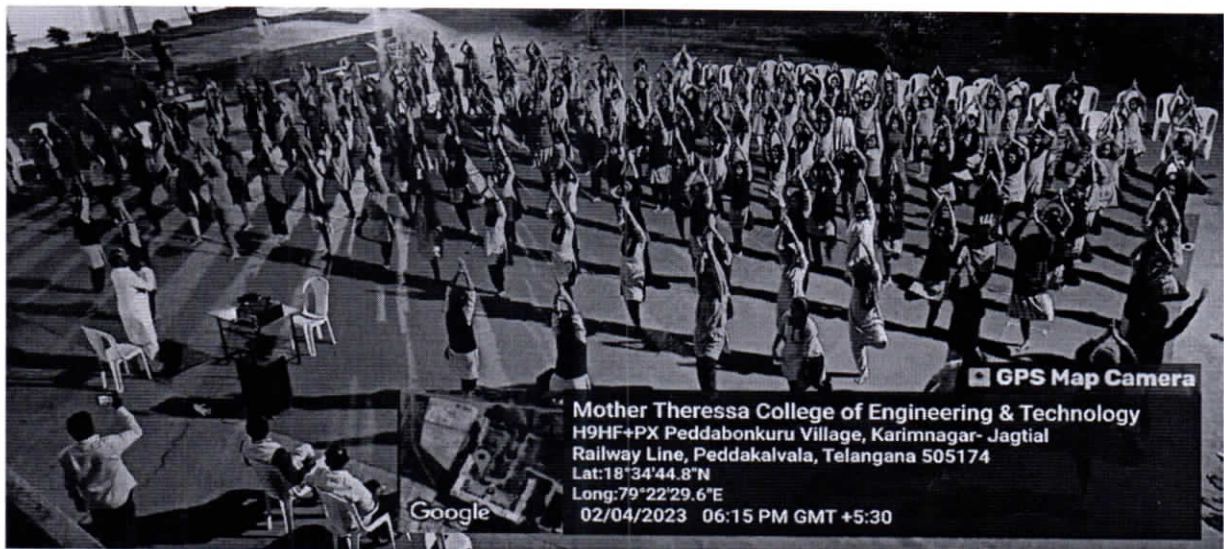
Website : [www.mtec86.ac.in](http://www.mtec86.ac.in) E-mail: [mtec.86@gmail.com](mailto:mtec.86@gmail.com) Contact : +91 9989959556, +91 9542709545, +91 9849472523.

DATE: 02-04-2023

### PROGRAM REPORT

#### **“YOGA AND PERSONALITY DEVELOPMENT”**

A program was organized by the College. The well-known personality Yoga Trainer was addressed to the students. The main motto of the program to we live in a restless age-an age where the rapid change in technology is causing a breakdown of values and fragmentation of our personality. The result of this is tremendous psychological disturbances, stress and tension. The latest studies on stress from the American Psychological Association show that 69 percent of the U.S. adults surveyed reported experiencing physical symptoms of stress during the previous year. Additionally, increased stress in the workplace is contributing to rising healthcare costs for employers. Happiness seems to be eluding us and we are constantly seeking answers. Sahaja Yoga meditation is a unique solution to many problems we face in life. Sahaja Yoga is different than other yoga because this begins with self-realization instead of this being the unobtainable dream of a distant goal. This can be easily learned and mastered by regular meditation and knowing the foundation of our being which is present as The Subtle System within all of us. Around 76 students are attended.



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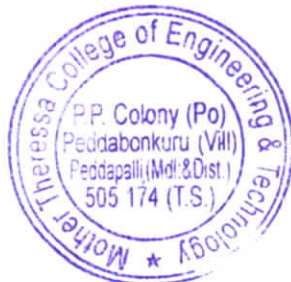
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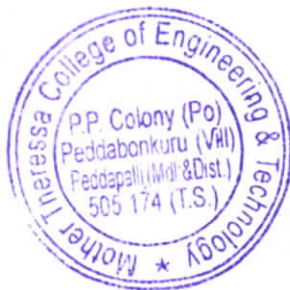
Website : www.mtec86.ac.in E-mail : mtec.86@gmail.com Contact : +91 9989959556, +91 9542709545, +91 9849472523.


S.NO	PIN NUMBER	NAME OF THE STUDENT	SIGN
1	23861A3303	ASAPUR AKSHAYA	AKShaya
2	23861A3304	ATHRAM MALLIKA	mAllika
3	23861A3305	BOGIDI MALLESHWARI	malleShwari
4	23861A3306	DURVA NAVYA	Navya
5	23861A3307	GADDAM INDU	Indu
6	23861A6628	PANDUGA INDU	Indu
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11	23861A6204	RUBEENA FATHIMA	Fathima
12	23861A6205	SALMAN KHAN	Salman Khan
13	23861A6206	THODASAM SWAPNA	Swapna
14	23861A6207	VADDE DURGA BHAVANI	Bhavani
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19	23861A6614	JAKKULA MALLESHWARY	MalleShwary
20	23861A6615	JAVERIYA FATIMA	FATIMA
21	23861A6616	KIRWALE SULOCHANA	Sulochana
22	23861A6617	KOVA NAGAMANI	K. Nagamani
23	23861A6618	KUDIMETHA ANUSUYA	Anusuya
24	23861A6619	KUMRAM SANJANA	K. Sanjana
25	23861A6620	LAGGAM BHAVANI	Bhavani
26	23861A6621	LINGANABOINA SATHVIK	Sathvik
27	23861A6622	MADAVI VANAJA	Vanaja
28	23861A6623	MESRAM JANGESHWARI	M. Jangeshwari
29	22861A6612	ERLA SRUTHI	Sruthi
30	22861A6613	GANDRATH ANUSHA	Anusha



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31	22861A6614	JADI SRAVANI	J. Sravani
32	22861A6615	JAKKULA MEENA	J. MEENA
33	22861A6616	JANAGAMA ARSHITHA	Arshitha
34	22861A6617	JIVUTA ANJALI	Anjali
35	22861A6618	KANNABOINA LAXMI PRASANNA	Laxmi Prasanna
36	22861A6619	KARRAVULA ARCHANA	Archana
37	22861A6620	KASTURI RAMYA SRI	K. Ramya Sri
38	22861A6621	KODARI SHARANYA	Sharanya
39	22861A6622	KOLIPAKA MEGHANA	Meghana
40	22861A6623	KORVETH MANISHA	K. Manisha
41	22861A6624	KORVETHA NIKHITHA	Nikhitha
42	22861A6625	KOVA SUMITHRA	Sumithra
43	22861A6626	LAVUDYA SAMATHA	L. SAMATHA
44	22861A6634	PONNA SUDHEESHNA	P. Sudheeshna
45	22861A6635	PUTTAPAKA AMULYA	Amulya
46	22861A6636	RACHAKONDA AKSHAYA	Akshaya
47	22861A6637	SEDMAKI SWAPNA	Swapna
48	22861A6638	SONKAMBLE NEHA	Neha
49	22861A6639	THALLA ANJALI	T. Anjali
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60	21861A6615	DASARI SAIKEERTHANA	Saikeertana

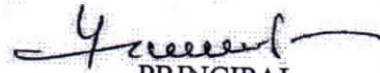


  
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67	21861A6641	RANGU SAHITHI	Sahithi
68	21861A6642	SINGANA VENA RUCHITHA	S. Sai Priya
69	21861A6643	SINGATHI SAI PRIYA	S. Ruchitha
70	21861A6644	SIRIPURAM DARSHINI	Darshini
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